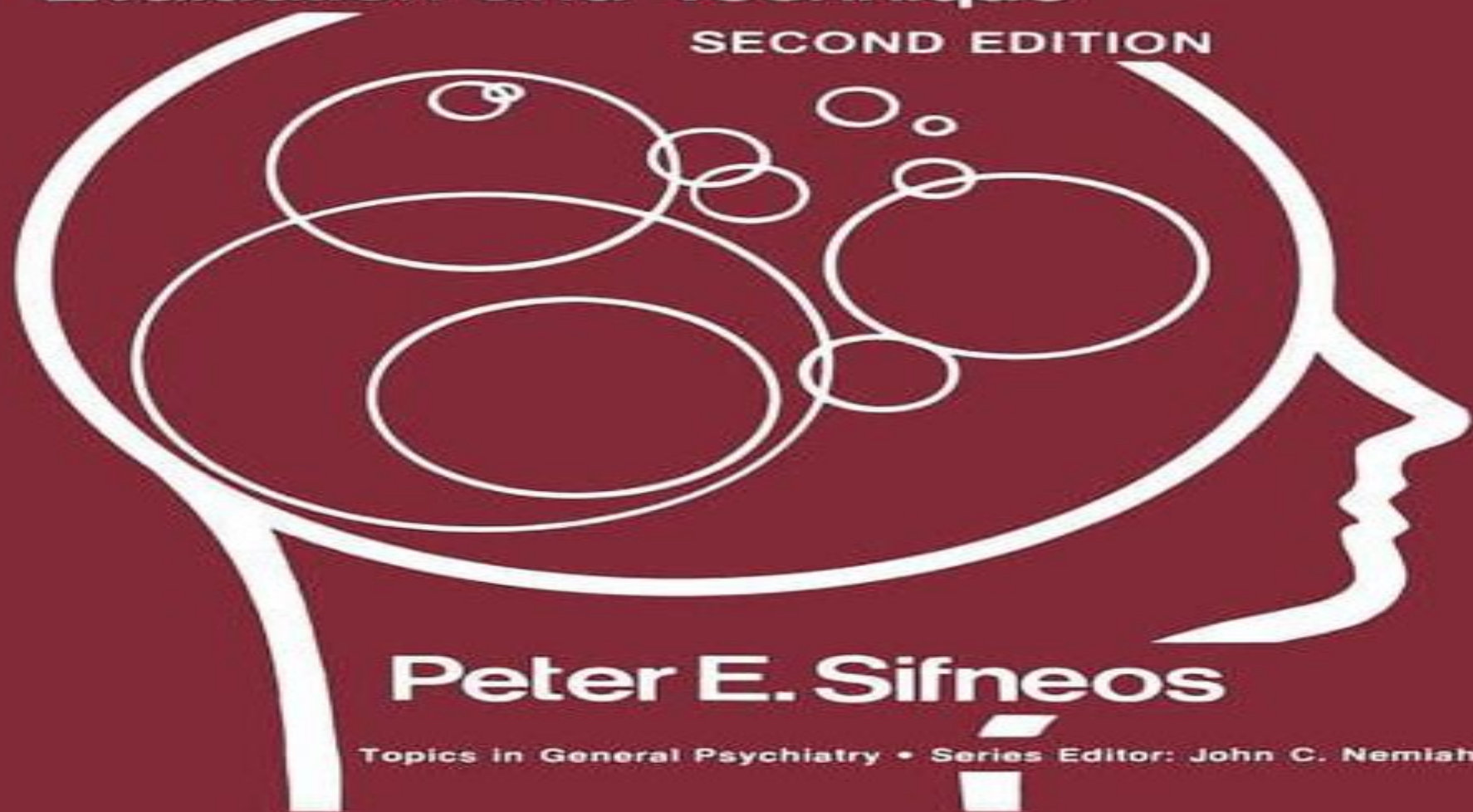


Short-Term Dynamic Psychotherapy

Evaluation and Technique

SECOND EDITION



Peter E. Sifneos

Topics in General Psychiatry • Series Editor: John C. Nemiah

Short Term Dynamic Psychotherapy Evaluation And Technique Topics In General Psychiatry

J Dewey



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Current Catalog National Library of Medicine (U.S.),1979 First multi year cumulation covers six years 1965 70

Short-Term Dynamic Psychotherapy P. E. Sifneos,2013-12-01 Short term psychotherapy although brief is not ephemeral In the decade or two of its existence it has grown into a sturdy tree and a sign of its maturity is the fact that it is now the subject of an increasing number of overview articles summarizing its literature and findings Yet it remains a young and vigorous discipline Its pioneers have not been elevated to a pantheon of venerable but mute immortals on the contrary they are to be found at the forefront of the field actively contributing to the development of its theory and practice This volume is ample testimony to their continued creativity Dr Sifneos has lectured and written extensively about short term anxiety provoking psychotherapy STAPP Based on psychoanalytic principles STAPP aims to resolve pathological psychic conflicts and help those suffering from them to learn new ways of being in their most intimate relationships It does so by actively focusing the patients sights on their Oedipal problems and its effectiveness given a proper selection of subjects by specific criteria has been amply documented in controlled clinical studies National Library of Medicine Current Catalog National Library of Medicine (U.S.),1984 Short- Term Dynamic Psychotherapy Peter E. Sifneos,1979 **American Journal of Psychotherapy** ,1947 **The Therapist's Answer Book** Jerome S. Blackman,2012-11-27 Therapists inevitably feel more gratified in their work when their cases have better treatment outcomes This book is designed to help them achieve that by providing practical solutions to problems that arise in psychotherapy such as Do depressed people need an antidepressant or psychotherapy alone How do you handle people who want to be your friend who touch you who won t leave your office or who break boundaries How do you prevent people from quitting treatment prematurely Suppose you don t like the person who consults you What if people you treat with CBT don t do their homework When do you explain defense mechanisms and when do you use supportive approaches Award winning professor Jerome Blackman answers these and many other tricky problems for psychotherapists Dr Blackman punctuates his lively text with tips and snippets of various theories that apply to psychotherapy He shares his advice and illustrates his successes and failures in diagnosis treatment and supervision He highlights fundamental fascinating and perplexing problems he has encountered over decades of practicing and supervising therapy Subject Guide to Books in Print ,1993 COUNSELLING AND PSYCHOTHERAPY MITRA, SOMDEB,2025-10-07 The book covers different types of psychological treatments along with their importance robust scientific evidence and cost effectiveness While referring to established texts in the field the current work provides coverage on different modes of counselling and psychotherapy which are essential for the students The concepts of classical psychoanalysis individual psychotherapy object relations and brief dynamic therapy have been presented from the psychodynamic school of thought Treatments rooted in classical and operant conditioning classical concepts of CBT and REBT as well as DBT and ACT provide understanding of important concepts from the Cognitive and Behavioral schools

Humanistic and existential approaches of client centered therapy and logotherapy orients the reader to the view of innate positivity of human beings and how therapists might help clients achieve their true potential Recent developments of positive psychology interventions are touched upon How Indian concept of Karma Yoga can be useful in clinical practice has been deliberated upon A chapter is also dedicated on how clinicians might work with families All the chapters aim to help the reader understand not only the theoretical concepts but also the process which guides practice Case examples are rooted in the Indian cultural context and therefore help students get further clarity The aim is to orient the students to the world of logically guided evidence based ethical clinical practice in current times While students might find it useful for their learning of clinical practice experienced clinicians might also benefit from this brief work as an important reference point in teaching practice and research

TARGET AUDIENCE M A Psychology B A Psychology Practising Counsellors and Psychotherapists

The Art and Science of Assessment in Psychotherapy Chris Mace,2003-09-02 A valuable handbook for psychotherapists and counsellors Distinguished practitioners representing a wide range of approaches describe their methods of appraisal and how these have developed

Psychodynamic Therapy Techniques Brian A. Sharpless,2019-03-06 Psychodynamic therapy has a growing evidence base is cost effective and may have unique mechanisms of clinical change However gaining competence in this approach generally requires extensive training and mastery of a large and complex literature Integrating clinical theory and research findings Psychodynamic Therapy Techniques provides comprehensive but practical guidance on the main interventions of contemporary psychodynamic practice Early chapters describe the psychodynamic stance and illustrate effective means of identifying and understanding clinical problems Later the book describes how to question clarify confront and interpret patient material as well as assess the clinical impacts of interventions With these foundational tools in place the book supplements the classic psychodynamic therapy techniques with six sets of supportive interventions helpful for lower functioning patients or those in acute crisis Complete with step by step instructions on how to prepare techniques as well as numerous clinical vignettes to illustrate their use in clinical settings Psychodynamic Therapy Techniques effectively demystifies this important approach to therapy and helps practitioners more effectively apply them to a wide range of patients and problems

The Enigmatic Realm of **Short Term Dynamic Psychotherapy Evaluation And Technique Topics In General Psychiatry**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Short Term Dynamic Psychotherapy Evaluation And Technique Topics In General Psychiatry** a literary masterpiece penned by a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of people who partake in its reading experience.

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