

*PROPERTIES of DREAMS:
A NEW THEORY of DREAMING*

John P. Rogowski, M.D.

Properties Of Dreams A New Theory Of Dreaming

Claudio Colace



Properties Of Dreams A New Theory Of Dreaming:

Properties of Dreams John P. Rogowski, 2011-08 All of the 6.8 billion dreamers who inhabit this planet awakened at one time or another amazed puzzled entertained or scared by their dream experience Many have wondered about the how and why of dreams Some have made it their careers to formally investigate and explain the phenomenon None have succeeded A retired psychiatrist and amateur astronomer who has listened to well over three thousand dreams during the course of fifty years of psychiatric practice makes the effort by suggesting a novel pathway that includes evolution relativity and quantum physics He claims that just as gravity has its laws so does dreaming He not only lays out his theory but encourages and guides the reader to perform the simple experiments that led him to his new theory of dreaming The book is an easy read even for those who are intimidated by the ever increasing discoveries of non classical physics **The Neurocognitive**

Theory of Dreaming G. William Domhoff, 2022-10-04 A comprehensive neurocognitive theory of dreaming based on the theories methodologies and findings of cognitive neuroscience and the psychological sciences G William Domhoff's neurocognitive theory of dreaming is the only theory of dreaming that makes full use of the new neuroimaging findings on all forms of spontaneous thought and shows how well they explain the results of rigorous quantitative studies of dream content Domhoff identifies five separate issues neural substrates cognitive processes the psychological meaning of dream content evolutionarily adaptive functions and historically invented cultural uses and then explores how they are intertwined He also discusses the degree to which there is symbolism in dreams the development of dreaming in children and the relative frequency of emotions in the dreams of children and adults During dreaming the neural substrates that support waking sensory input task oriented thinking and movement are relatively deactivated Domhoff presents the conditions that have to be fulfilled before dreaming can occur spontaneously He describes the specific cognitive processes supported by the neural substrate of dreaming and then looks at dream reports of research participants The why of dreaming he says may be the most counterintuitive outcome of empirical dream research Though the question is usually framed in terms of adaptation there is no positive evidence for an adaptive theory of dreaming Research by anthropologists historians and comparative religion scholars however suggests that dreaming has psychological and cultural uses with the most important of these found in religious ceremonies and healing practices Finally he offers suggestions for how future dream studies might take advantage of new technologies including smart phones **The European Dream** Jeremy Rifkin, 2013-04-19 The American

Dream is in decline Americans are increasingly overworked underpaid and squeezed for time But there is an alternative the European Dream a more leisurely healthy prosperous and sustainable way of life Europe's lifestyle is not only desirable argues Jeremy Rifkin but may be crucial to sustaining prosperity in the new era With the dawn of the European Union Europe has become an economic superpower in its own right its GDP now surpasses that of the United States Europe has achieved newfound dominance not by single mindedly driving up stock prices expanding working hours and pressing every household

into a double wage earner conundrum. Instead, the New Europe relies on market networks that place cooperation above competition, promotes a new sense of citizenship that extols the well-being of the whole person and the community rather than the dominant individual, and recognizes the necessity of deep play and leisure to create a better, more productive and healthier workforce. From the medieval era to modernity, Rifkin delves deeply into the history of Europe and eventually America to show how the continent has succeeded in slowly and steadily developing a more adaptive, sensible way of working and living. In *The European Dream*, Rifkin posits a dawning truth: that only the most jingoistic can ignore Europe's flexible communitarian model of society, business, and citizenship, which is better suited to the challenges of the twenty-first century. Indeed, the European Dream may come to define the new century as the American Dream defined the century now past. http://www.loc.gov/catdir/enhancements/fy0720/2004047935_d.html

The Limits of Dream J. F. Pagel, 2010-07-28 *The Limits of Dream* focuses on what we currently know of the human central nervous system (CNS), examining the basic sciences of neurochemistry, neuroanatomy, and CNS electrophysiology as these sciences apply to dream, then reaching beyond basic science to examine the cognitive science of dreaming, including the processes of memory, the perceptual interface, and visual imagery. Building on what is known of intrapersonal CNS processing, the book steps outside the physical body to explore artificially created dreams and their use in filmmaking, art, and story, as well as the role of dreaming in creative process and creative madness. The limits of our scientific knowledge of dream frame this window that can be used to explore the border between body and mind. What is known scientifically of the cognitive process of dreaming will lead the neuroscientist, the student of cognitive science, and the general reader down different paths than expected into an exploration of the fuzzy and complex horizon between mind and brain. The clearest presentation of research and philosophy currently available relating to the mind-brain interface. Discusses the cognitive processes of dreaming utilized in film and artificial intelligence. Describes the functioning of dream in the creative process.

Encyclopedia of Mental Health, 2015-08-26 *Encyclopedia of Mental Health*, Second Edition, Four Volume Set, tackles the subject of mental health, arguably one of the biggest issues facing modern society. The book presents a comprehensive overview of the many genetic, neurological, social, and psychological factors that affect mental health, also describing the impact of mental health on the individual and society, and illustrating the factors that aid positive mental health. The book contains 245 peer-reviewed articles written by more than 250 expert authors and provides essential material on assessment, theories of personality, specific disorders, therapies, forensic issues, ethics, and cross-cultural and sociological aspects. Both professionals and libraries will find this timely work indispensable. Provides fully up-to-date descriptions of the neurological, social, genetic, and psychological factors that affect the individual and society. Contains more than 240 articles written by domain experts in the field. Written in an accessible style using terms that an educated layperson can understand. Of interest to public as well as research libraries with coverage of many important topics including marital health, divorce, couples therapy, fathers, child custody, day care, and day care providers, extended families, and family therapy.

Dream Life J. Allan Hobson, 2011-03-11 A pioneer in sleep and dream science surveys his life and work through the lens of dreaming and consciousness J Allan Hobson's scientific experimentation began in childhood with a soot filled investigation into the capacity of a chimney to admit Santa Claus He discovered that even with the damper open the chimney was far too narrow Hobson's life as an experimentalist has continued through a pioneering career devoted to aligning psychology and biology and to investigating the relationship of dreaming and consciousness In *Dream Life* Hobson conducts an experimental investigation into his life and work Hobson charts his developing consciousness through a vividly imagined conception in October of 1932 birth and babyhood offering a theory about protoconsciousness in fetuses and infants He recounts his youthful zeal for scientific discovery his early sexual experimentation and his education He describes taking on the entrenched Freudians at Harvard Medical School in the 1950s as a maverick psychiatrist who wanted to replace psychoanalysis with biological science He describes his further studies his marriages and love affairs his travels and what he learned about the brain from his whiplash induced amnesia after a 1963 automobile accident and from his brain death after a stroke in 2001 Through it all Hobson uses his life as the ultimate case study for his theory that REM sleep provides a test pattern that allows the brain to develop offline Dreams most intense in REM sleep when the brain is active need no Freudian style decoding he says Dreaming is a glorious mental state to be enjoyed and studied for what it tells us about consciousness

Children's Dreams Claudio Colace, 2018-04-17 This book aims to present a study on the actuality and empirical value of Freud's dream theory even if through the analysis of a specific part of it the hypotheses about children's dreams It provides a systematic description of Freud's observations on child dreaming and presents the results obtained from four empirical studies on children's dreams that the author conducted during the span of a decade These studies two conducted in school settings one in a home setting and one based on a questionnaire completed by parents allow an empirical judgment on Freud's main hypotheses on child dreaming the hypotheses on formal aspect of children's dreams the relationship between dream bizarreness and development of the superego functions and the issue of wish fulfillment dreams The author concludes that it is possible to test empirically Freud's hypothesis on the early forms of dreaming and that this test is not irrelevant for an empirical judgment of certain more general statements of Freud's dream theory e.g. the dream censorship hypothesis

Sleep and Dreaming Edward F. Pace-Schott, 2003-02-27 How and why does the sleeping brain generate dreams Though the question is old a paradigm shift is now occurring in the science of sleep and dreaming that is making room for new answers From brainstem based models of sleep cycle control research is moving toward combined brainstem forebrain models of sleep cognition itself The book presents five papers by leading scientists at the center of the current firmament and more than seventy five commentaries on those papers by nearly all of the other leading authorities in the field Topics include mechanisms of dreaming and REM sleep memory consolidation in REM sleep and an evolutionary hypothesis of the function of dreaming The papers and commentaries together with the authors rejoinders represent a huge leap forward in our

understanding of the sleeping and dreaming brain The book s multidisciplinary perspective will appeal to students and researchers in neuroscience cognitive science and psychology Dreams and Visions Patrick McNamara Ph.D.,2016-09-26 A standout resource on the emerging field of applying neuropsychology and the latest findings in sleep and dream research to religious experience this book investigates the proven biological links between REM dreams and religious ideas covering past and current schools of thought in both the science of dreams and the science of religion Across time and around the world billions of people with highly dissimilar backgrounds and cultures have felt spiritual or religious inspiration that shaped their lives and supplemented their mental strength and in many cases this inspiration came via a dream The how and why of this common phenomenon is one that science has largely failed to explain In this book nationally recognized behavioral neuroscientist Patrick McNamara taps the latest science in sleep and dreams as well as neuropsychology to investigate one facet of the answer from the inside out the human brain s role The first study of its kind in an emerging field Dreams and Visions How Religious Ideas Emerge in Sleep and Dreams provides a comprehensive summary of past theory and examines the latest science on dreams REM sleep cognitive approaches to religion and neuroscience approaches to religion Readers will come away with an in depth understanding of how and why god beliefs and spiritual convictions so often emerge in our dreams Dedicated sections address special dream types like visitation dreams nightmares precognitive dreams big dreams lucid dreams paralysis dreams twin dreams and more **The Functional Analysis of Dreams** Werner Karle,1980

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