EXAM 2 MEDICAL SURGICAL STUDY GUIDE

HEART FAILURE

Assessment of left and right

CAD: lab test Hct and LDL

Left Sided Heart Failure (think about s/s of Pulmonary

- Most common disorders)
- Prevents normal forward flowing blood
- Blood backs up into the left atrium, and then to the pulmonary vein
 - O Pressure increases, fluid leaks from the pulmonary capillary bed into the interstitium and then the alveoli
 - Results in pulmonary congestion and edema
- Signs
 - LV heaves
 - O Alternating pulses (strong, weak):
 - Increased HR.
 - Decreased PaO2, slight increase PaCO2 (result poor oxygen exchange)
 - Crackles (pulmonary edema)
 - o S3/S4 sounds

- o Pleural effusion
- Changes in mental status, restlessness, confusion
- Orthopnea, shallow respirations, dry hacking cough
- Nocturia
- **Frothy, pink-tinged sputum (advanced pulmonary edema)

Right Sided Heart Failure

- RV fails to contract effectively
- Backup of blood into the right atrium, and then venous circulation
- Venous congestion in systemic circulation results in
 - o JVD
 - Hepatomegaly
 - o Splenomegaly
 - Vascular congestion of GI tract
 - O Peripheral edema: blood returning is blocked/backed up
- Can result from acute conditions such as RIGHT VENTRICULAR INFARCTION or P.E.
- · CorPulmonale: right ventricular dilation and hypertrophy caused by pulmonary disease
- Primary cause: Left-sided HF
 - Left side HF results in pulmonary congestion, increased pressure in the blood vessels of lungs (pulmonary HTN)
 - Chronic pulmonary HTN puts increased right ventricular afterload and results in right-sided hypertrophy and HF
- Signs/Symptoms
 - o RV heaves, murmurs
 - JVD: 30-45 degree angle to be able to see
 - Edema (pedal, scrotum, sacrum)
 - Weight gain
 - Increased HR.

- O Ascites: abdomen
- Anasarca (massive generalized body edema): 2+ everywhere
- O Hepatomegaly (liver enlargement):
- RUQ pain, anorexia, GI bloating

Medical Surgical Study Guide Answers

Donna D. Ignatavicius, M. Linda Workman, Linda A. LaCharity, Candice K. Kumagai

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