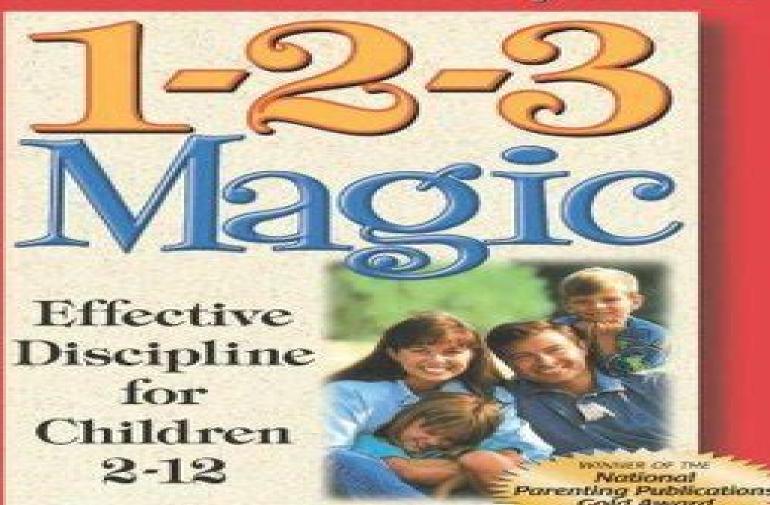
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Out of Control Natalie Collins, 2019-04-26 All of us will be familiar with supporting friends family and colleagues through the ups and downs of relationships But could some of the more difficult times of argument and conflict be more than general relationship issues Is there something more sinister going on Over the course of a lifetime 30% of women and 16% of men will be subjected to abuse by a partner yet so many of us are unsure exactly what constitutes domestic abuse and wouldn't know how to react if we or one of our friends or family found ourselves in a relationship with an abuser Natalie Collins is the perfect guide to lead you through this subject amassing over a decade s experience leading workshops raising awareness and capturing national media attention in her work against domestic abuse Highly readable invaluably insightful and steeped in theological insight Natalie starts right from the basics exploring what domestic abuse is why it is perpetrated and the impact it has on children and adults Filled with case studies including Natalie's own story this book offers much needed advice on how we can address domestic abuse both as individuals and as a church community **Generation** Jonathan Haidt, 2024-03-26 THE INSTANT 1 NEW YORK TIMES BESTSELLER A Wall Street Journal Top 10 Book of 2024 A New York Times and Washington Post Notable Book One of Barack Obama's Favorite Books of 2024 A TIME 100 Must Read Book of 2024 Named a Best Book of 2024 by the Economist the New York Post and Town Country The Goodreads Choice Award Nonfiction Book of the Year Finalist for the PEN Literary Awards A must read for all parents the generation defining investigation into the collapse of youth mental health in the era of smartphones social media and big tech and a plan for a healthier freer childhood With tenacity and candor Haidt lays out the consequences that have come with allowing kids to drift further into the virtual world While also offering suggestions and solutions that could help protect a new generation of kids Shannon Carlin TIME 100 Must Read Books of 2024 After more than a decade of stability or improvement the mental health of adolescents plunged in the early 2010s Rates of depression anxiety self harm and suicide rose sharply more than doubling on many measures Why In The Anxious Generation social psychologist Jonathan Haidt pronounced height lays out the facts about the epidemic of teen mental illness that hit many countries at the same time He then investigates the nature of childhood including why children need play and independent exploration to mature into competent thriving adults Haidt shows how the play based childhood began to decline in the 1980s and how it was finally wiped out by the arrival of the phone based childhood in the early 2010s He presents more than a dozen mechanisms by which this great rewiring of childhood has interfered with children's social and neurological development covering everything from sleep deprivation to attention fragmentation addiction loneliness social contagion social comparison and perfectionism He explains why social media damages girls more than boys and why boys have been withdrawing from the real world into the virtual world with disastrous consequences for themselves their families and their societies Most important Haidt issues a clear call to action He diagnoses the collective action problems that trap us and then proposes four

simple rules that might set us free He describes steps that parents teachers schools tech companies and governments can take to end the epidemic of mental illness and restore a more humane childhood Haidt has spent his career speaking truth backed by data in the most difficult landscapes communities polarized by politics and religion campuses battling culture wars and now the public health emergency faced by Gen Z We cannot afford to ignore his findings about protecting our children and ourselves from the psychological damage of a phone based life **Essentials of Nursing Children and Young People** Jayne Price, Orla McAlinden, Zoë Veal, 2023-12-15 This innovative and student friendly textbook provides up to date information on the core content of child nursing courses and helps students understand how it applies to practice Covering all settings throughout it focuses on the importance of child and family centred care **Generatie angststoornis** Ionathan Haidt, 2024-06-21 De geestelijke schade van de smartphone en sociale media is gigantisch zo blijkt uit deze internationale bestseller van sociaal psycholoog Jonathan Haidt In dit boek ontwaart de sociaal psycholoog Jonathan Haidt een pijnlijke paradox terwijl we onze kinderen in de fysieke wereld meer en meer beschermen laten we ze in de digitale wereld vogelvrij Haidt laat zien dat deze ontwikkeling en de opkomst van de iPhone en sociale media hebben geleid tot een enorme stijging in het aantal mentale problemen onder tieners en jongeren Denk hierbij vooral aan klachten als angststoornissen depressies en zelfmutilatie De effecten op de sociale en neurologische ontwikkeling van kinderen zijn schrikbarend Haidt legt uit waarom sociale media meisjes meer schaden dan jongens en waarom jongens zich terugtrekken uit de echte wereld naar de virtuele wereld met rampzalige gevolgen voor henzelf hun families en de samenleving In Generatie angststoornis dat bij verschijning in Amerika en Engeland op nummer 1 binnenkwam in de bestsellerlijsten roept Haidt krachtig op tot collectieve actie Hij beschrijft concrete stappen die ouders leraren scholen techbedrijven en overheden kunnen nemen om de epidemie van psychische aandoeningen te stoppen en onze kinderen gezond op te laten groeien Het belangrijkste boek van het jaar De Ongelooflijke Podcast Essentieel leesvoer Wendy Online Jonathan Haidt raakt een open zenuw De Tijd Beginpunt van maatschappelijk debat NRC vier ballen Ronkend met veel onderzoek neergezet WNL op Zondag Jonathan Haidt is een moderne profeet vermomd als psycholoog Susan Cain Een belangrijk nieuw boek The New York Times Iedere ouder moet **The Severe and Persistent Mental Illness** onmiddellijk stoppen met wat ze doen en dit boek lezen Johann Hari **Treatment Planner** David J. Berghuis, Arthur E. Jongsma, Jr., Timothy J. Bruce, 2014-12-12 This timesaving resource features Treatment plan components for 31 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Severe and Persistent Mental Illness Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans

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