

PROZAC



BACKLASH

**OVERCOMING THE DANGERS
OF PROZAC, ZOLOFT,
PAXIL, AND OTHER
ANTIDEPRESSANTS WITH
SAFE, EFFECTIVE ALTERNATIVES**

JOSEPH GLENMULLEN, M.D.

Prozac Backlash Prozac Backlash

Gracelyn Guyol



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Prozac Backlash Joseph Glenmullen, 2001-04-17 In a controversial look at the potent drugs millions of Americans consume each day for everything from anxiety to sexual addiction Dr Glenmullen presents authoritative information on why they are risky and provides advice on choosing safer alternative treatments

Prozac Backlash Joseph Glenmullen, 2000-11-01 28 million Americans one in every ten have taken Prozac Zoloft or Paxil or a similar antidepressant yet very few patients are aware of the dangers of these drugs nor are they aware that better safer alternatives exist Glenmullen documents the long term side effects associated with these other medications Prozac backlash is his term for the brain's reaction to artificially elevated levels of serotonin Sheds new light on the link between these drugs suicide violence Antidepressant drug therapy is justified only in moderate to severe cases We should avoid patients exposure to these drugs whenever possible Considers the many safe effective alternatives to using such drugs

Let Them Eat Prozac David Healy, 2004-06-01 A psychiatrist provides an insider account on the controversial use of selective serotonin reuptake inhibitors SSRIs Prozac Paxil Zoloft Turn on your television and you are likely to see a commercial for one of the many selective serotonin reuptake inhibitors SSRIs on the market We hear a lot about them but do we really understand how these drugs work and what risks are involved for anyone who uses them Let Them Eat Prozac explores the history of SSRIs from their early development to their latest marketing campaigns and the controversies that surround them Initially they seemed like wonder drugs for those with mild to moderate depression When Prozac was released in the late 1980s David Healy was among the psychiatrists who prescribed it But he soon observed that some of these patients became agitated and even attempted suicide Could the new wonder drug actually be making patients worse Healy draws on his own research and expertise to demonstrate the potential hazards associated with these drugs He intersperses case histories with insider accounts of the research leading to the development and approval of SSRIs as a treatment for depression Let Them Eat Prozac clearly demonstrates that the problems go much deeper than a side effect of a particular drug The pharmaceutical industry would like us to believe that SSRIs can safely treat depression anxiety and a host of other mental problems But as Let Them Eat Prozac reveals this cure may be worse than the disease

The Antidepressant Solution Joseph Glenmullen, 2006-01-20 With the FDA's warning that antidepressants may cause agitation anxiety hostility and even violent or suicidal tendencies these medications are at the forefront of national legal news Harvard physician Joseph Glenmullen has led the charge to warn the public that antidepressants are overprescribed underregulated and especially misunderstood in their side and withdrawal effects Now he offers a solution More than twenty million Americans including over one million teens and children take one of today's popular antidepressants such as Paxil Zoloft or Effexor Dr Glenmullen recognizes the many benefits of antidepressants and prescribes them to his patients but he is also committed to warning the public of the dangers associated with overprescription Dr Glenmullen's last book Prozac Backlash sounded the alarm about possible

dangers The Antidepressant Solution provides the remedy It is the first book to call attention to the drugs catch 22 Although many people are ready to go off these drugs they continue to take them because either the patient or the doctor mistakes antidepressant withdrawal for depressive relapse The Antidepressant Solution offers an easy step by step guide for patients and their doctors Written by the premier authority in the field The Antidepressant Solution is an invaluable book for all those concerned with going through the process from friends and family members to doctors and patients themselves **Doing Psychiatry Wrong , The Pill That Steals Lives - One Woman's Terrifying Journey to Discover the Truth About Antidepressants** Katinka Newman,2016-07-07 While going through a divorce documentary filmmaker Katinka Blackford Newman took an antidepressant Not unusual except that things didn't turn out quite as she expected She went into a four day toxic psychosis with violent hallucinations imagining she had killed her children and in fact attacking herself with a knife Caught up in a real life nightmare when doctors didn't realise she was suffering side effects of more pills she went into a year long decline Soon she was wandering around in an old dressing gown unable to care for herself and dribbling She nearly lost everything but luck stepped in treated at another hospital she was taken off all the medication and made a miraculous recovery within weeks By publicising her story Katinka went on to make some startling discoveries Could there really be thousands around the world who kill themselves and others from these drugs What of the billions of dollars in settlements paid out by drug companies Could they really be the cause of world mass killings such as the Germanwings pilot who took an airliner down killing 150 while on exactly the same medication as the author when she became psychotic And how come so many people are taking these drugs when experts say they are no more effective than a sugarcoated pill for people like her who are distressed rather than depressed Moving frightening and at times funny this is the story of how a single mum in Harlesden North West London juggles life and her quest for love in order to investigate Big Pharma For more information visit www.thepillthatsteals.com **Healing through the Dark Emotions** Miriam Greenspan,2004-05-11 Nautilus Book Award Gold Winner A psychotherapist offers crucial guidance on how to alter fundamentally our fearful relationship to deep feelings from depression and anxiety to grief and fear Los Angeles Times We are all touched at some point by the dark emotions of grief fear or despair In an age of global threat these emotions have become widespread and overwhelming While conventional wisdom warns us of the harmful effects of negative emotions this revolutionary book offers a more hopeful view there is a redemptive power in our worst feelings Seasoned psychotherapist Miriam Greenspan argues that it is the avoidance and denial of the dark emotions that results in the escalating psychological disorders of our time depression anxiety addiction psychic numbing and irrational violence And she shows us how to trust the wisdom of the dark emotions to guide heal and transform our lives and our world Drawing on inspiring stories from her psychotherapy practice and personal life and including a complete set of emotional exercises Greenspan teaches the art of emotional alchemy by which grief turns to gratitude fear opens the door to joy and despair becomes the ground of a more resilient faith in life This remarkable book has

taught me a whole new way of thinking Harold Kushner author of When Bad Things Happen to Good People A beautiful piece of work destined to become a perennial classic Martha Beck author of The Joy Diet **Social Work Ethics** Eileen Gambrill,2017-05-15 This collection of essays highlights ethical issues in social work which are often overlooked as well as recurring clashes that influence how they play out for example among different values and related moral judgements A wide range of ethical issues are addressed such as the types of technologies incorporated into social work issues raised by the common position of social workers as double agents required to carry out state mandates while also honoring obligations to clients and issues concerning the distribution of scarce resources These topics are integrally related to other often neglected concerns such as harming in the name of helping the ethics of claims making regarding what is true and what is not and related concerns regarding empowerment and social justice This collection which includes essays from an array of professions and disciplines is designed to bring these neglected topics to the attention of readers and to offer suggestions for addressing them in a manner that is faithful to obligations described in social work codes of ethics The Drugs That Changed Our Minds Lauren Slater,2018-03-22 The messy history and brave future of psychotropic drugs O Magazine Vivid and thought provoking Harper s Magazine Ambitious Slater s depictions of madness are terrifying and fascinating USA Today Vigorous research and intimate reflection highly compelling Kirkus As our approach to mental illness has oscillated from biological to psychoanalytical and back again so have our treatments With the rise of psychopharmacology an ever increasing number of people throughout the globe are taking a psychotropic drug yet nearly seventy years after doctors first began prescribing them we still don t really know exactly how or why they work or don t work on what ails our brains In The Drugs that Changed Our Minds Lauren Slater offers an explosive account not just of the science but of the people inventors detractors and consumers behind our narcotics from the earliest Thorazine and Lithium up through Prozac Ecstasy magic mushrooms the most cutting edge memory drugs and neural implants In so doing she narrates the history of psychiatry itself and illuminates the signature its colourful little capsules have left on millions of brains worldwide and how these wonder drugs may heal us or hurt us **Healing Depression & Bipolar Disorder Without Drugs** Gracelyn Guyol,2009-05-26 When Gracelyn Guyol was diagnosed in 1993 with a mild form of bipolar disorder also known as manic depression she was prescribed a commonly used antidepressant Soon she developed breast cysts and benign tumors a possible side effect of the antidepressant She went off the drug and within two months her tumors disappeared Under the care of a naturopath Guyol embarked on a quest to educate herself about the underlying genetic hormonal and other causes of depression and bipolar disorder She investigated many natural therapies including diet vitamins herbal treatments and energy healing before finding the solutions that have kept her free of depression and bipolar symptoms since 2002 Healing Depression Bipolar Disorder Without Drugs features Gracelyn Guyol s own story and those of thirteen other people around the country who have cured their depression and bipolar disorder using only natural therapies In depth research and the expertise of alternative

health care professionals are included in this landmark guide for patients and caregivers seeking responsible safe alternatives to psychiatric drugs

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