

PSYCHOLOGICAL THERAPIES

FOR ADULTS WITH
INTELLECTUAL DISABILITIES



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 WILEY-BLACKWELL

Psychological Therapies For Adults With Intellectual Disabilities

Eric Emerson



Psychological Therapies For Adults With Intellectual Disabilities:

Psychological Therapies for Adults with Intellectual Disabilities John L. Taylor, William R. Lindsay, Richard P. Hastings, Chris Hatton, 2012-11-16 *Psychological Therapies for Adults with Intellectual Disabilities* brings together contributions from leading proponents of psychological therapies for people with intellectual disabilities which offer key information on the nature and prevalence of psychological and mental health problems the delivery of treatment approaches and the effectiveness of treatment Offers a detailed guide to available therapies for adults with intellectual disabilities Includes case illustrations to demonstrate therapies in action Provides up to date coverage of current research in the field Puts forward a consideration of the wider contexts for psychological therapy including the relationship with social deprivation general health and the cost effectiveness of treatment Places individual interventions in the context of the person s immediate social network including families and carers Includes contributions from leading proponents from around the world

Psychological Therapies for Adults with Intellectual Disabilities John L. Taylor, William R. Lindsay, Richard P. Hastings, Chris Hatton, 2013-02-11 *Psychological Therapies for Adults with Intellectual Disabilities* brings together contributions from leading proponents of psychological therapies for people with intellectual disabilities which offer key information on the nature and prevalence of psychological and mental health problems the delivery of treatment approaches and the effectiveness of treatment Offers a detailed guide to available therapies for adults with intellectual disabilities Includes case illustrations to demonstrate therapies in action Provides up to date coverage of current research in the field Puts forward a consideration of the wider contexts for psychological therapy including the relationship with social deprivation general health and the cost effectiveness of treatment Places individual interventions in the context of the person s immediate social network including families and carers Includes contributions from leading proponents from around the world

Cognitive Behaviour Therapy for People with Intellectual Disabilities Andrew Jahoda, Biza Stenfert Kroese, Carol Pert, 2017-10-13 This book examines the influence others have on the lives of people with intellectual disabilities and how this impacts on their psychological well being Based on the authors clinical experiences of using cognitive behavioural therapy with people who have intellectual disabilities it takes a social interactionist stance and positions their arguments in a theoretical and clinical context The authors draw on their own experiences and several case studies to introduce novel approaches on how to adapt CBT assessment and treatment methods for one to one therapy and group interventions They detail the challenges of adapting CBT to the needs of their clients and suggest innovative and practical solutions This book will be of great interest to scholars of psychology and mental health as well as to therapists and clinicians in the field

Psychological Therapies for Adults with Autism Debbie Spain, Francisco M. Musich, Susan W. White, 2022 *Psychological Therapies for Adults with Autism* aims to fill the gap between research and treatment for adults with ASD Serving as a compendium of diverse research supported treatment approaches chapters are written by

internationally recognized experts and include case studies to illustrate this research in practice **Individual**

Psychological Therapies in Forensic Settings Jason Davies, Claire Nagi, 2017-04-21 From the nothing works maxim of the 1970s to evidence based interventions to challenge recidivism and promote pro social behavior psychological therapy has played an important role in rehabilitation and risk reduction within forensic settings in recent years And yet the typical group therapy model isn't always the appropriate path to take In this important new book the aims and effectiveness of individual therapies within forensic settings both old and new are assessed and discussed Including contributions from authors based in the UK North America Europe Australia and New Zealand a broad range of therapies are covered including Cognitive Behavioural Therapy Mentalisation Based Therapy Schema Therapy Acceptance and Commitment Therapy and Compassion Focussed Therapy Each chapter provides an assessment of the evidence base for effectiveness the adaptations required in a forensic setting whether the therapy is aimed at recidivism or psychological change the client or patient characteristics it is aimed at a case study of the therapy in action The final section of the book looks at ethical issues the relationship between individual and group based treatment therapist supervision and deciding which therapies and therapists to select This book is essential reading for probation staff psychologists criminal justice and liaison workers and specialist treatment staff It will also be a valuable resource for any student of forensic or clinical psychology **Psychological Therapies and People**

Who Have Intellectual Disabilities Nigel Beail, 2016 **Handbook of Psychological Therapies for Bipolar Disorder** Thomas Richardson, 2024-12-11 This comprehensive handbook covers a full range of evidence based psychological therapies for Bipolar Disorder with attention to special populations for this treatment Chapters are concise and practical with case examples and therapy transcripts and tips to aid the clinician An emphasis on psychological theory balances existing medical approaches Practitioners of all types will find this material relevant including clinical and counseling psychologists CBT therapists psychiatrists family therapists as well as trainees and postgraduate students It will also be useful for researchers in evaluating and refining interventions **Clinical Psychology and People with Intellectual Disabilities** Eric

Emerson, 1998-11-10 What can psychology contribute to the understanding of intellectual disabilities and how does clinical psychology help in supporting people with these disabilities This is the first book to provide a comprehensive overview of concepts and problems as well as covering the clinical and consulting skills that support interventions in this field Starting from basic issues of epidemiology and cause the authors consider issues raised when mental health problems co occur when sexual abuse is alleged and when a person's behaviour is found to challenge the resources of the people or services providing support The authors examine the family context and how to address it and also the organizational context and how to understand and work within it including its legal aspects Finally they consider health promotion issues and how to work with families and communities to improve the wellbeing of people with intellectual disabilities This is a truly comprehensive text written out of both rich clinical experience and extensive knowledge of research and training It will be invaluable for

students and practitioners in many disciplines that are involved in the field of intellectual disability This exceptionally well organized and comprehensive book goes beyond the typical approach to this topic by providing state of the art advice that emphasizes multiple perspectives on assessment and intervention The material is practical and systems orientated and reflects a maturity and wisdom stemming from lengthy experience with this population Highly recommended as a source of useful information and support Professor Edward Carr Suny at Stony Brook New York USA a terrific book Eric Emerson and his colleagues have brought together leading experts to give clear expositions of wide ranging and complex topics This book deserves to be and will undoubtedly become the standard text for trainee and qualified practitioner alike Professor David Felce Welsh Centre for Learning Disabilities University of Wales College of Medicine *Proceedings of the British Psychological Society* British Psychological Society,2005 **Journal of Intellectual & Developmental Disability** ,2000

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