

Moderate Alcohol Consumption And Cardiovascular Disease

Royal College of Physicians of London

Moderate Alcohol Consumption And Cardiovascular Disease:

Moderate Alcohol Consumption and Cardiovascular Disease Rodolfo Paoletti, 2000 The complex relationships between alcohol use and human health represent an area of increasing interest to specialists interested in preventive cardiology The inverse relationship between alcohol consumption and the incidence of cardiovascular diseases especially myocardial infarction and ischemic stroke has in fact gained sound scientific support in recent years This book based in an international symposium on the topic held in Venice October 30 31 1999 analyzes in depth the epidemiological association between alcohol consumption and human diseases and discusses the possible mechanisms involved in alcohol associated protection from atherosclerotic diseases The oxidative effects of different amounts of alcohol intake and of various alcoholic beverages in the production of these effects subjects of considerable debate are also analyzed This book will be of interest to clinicians and researchers active in the areas of atherosclerosis public health preventive medicine and preventive cardiology It is intended to specifically help practising clinicians provide their patients with evidence based answers to the most commonly asked questions regarding alcohol use Alcohol and Cardiovascular Disease Derek J. Chadwick, Jamie A. Goode, 2008-04-30 Both timely and topical this book examines the most important aspects of the relationship between alcohol consumption and health Drawing together much new and exciting work in this area it reviews this emotive subject from a dispassionate perspective It will provide a firm base for further research into the effects of alcohol on the cardiovascular system and into public health attitudes to what is both a universal pleasure and problem A Review of the Association Between Occasional and Moderate Alcohol Consumption and Cardiovascular Disease Wenjun Cai, IIII, 2017-01-27 This dissertation A Review of the Association Between Occasional and Moderate Alcohol Consumption and Cardiovascular Disease by Wenjun Cai was obtained from The University of Hong Kong Pokfulam Hong Kong and is being sold pursuant to Creative Commons Attribution 3 0 Hong Kong License The content of this dissertation has not been altered in any way We have altered the formatting in order to facilitate the ease of printing and reading of the dissertation All rights not granted by the above license are retained by the author Abstract Objective The review aims to evaluate associations of occasional and moderate drinking with cardiovascular diseases CVD specifically to compare results for occasional and moderate drinking as moderate drinking is widely investigated while occasional drinking is relatively understudied and can potentially inform whether alcohol is causally related to CVD Methods A systematic review was conducted by searching for observational and interventional studies from three databases ScienceDirect Ebscohost and PubMed for alcohol consumption and its association with cardiovascular health Online internet sources were also used for more supplementary research in this literature review Patient oriented outcomes primarily on heart diseases including cardiovascular heart disease myocardial infarction and coronary heart disease were extracted from all study groups Results Fifteen studies were included most of which were conducted in the United States of America 9 studies Generally moderate alcohol consumption is associated with a reduction in CVD risks including extensive coronary calcification sudden cardiac death congestive heart failure acute coronary syndrome ischemic heart disease Studies also suggests that alcohol may be associated with better endothelial function and lower systolic blood pressure Current occasional alcohol use is found to be associated lower IHD mortality in men but is not related to IHD mortality in women Conclusion We found consistent evidence of protective association of moderate alcohol consumption against cardio mortality and CVD while occasional alcohol consumption has relatively less protection against CHD deaths Such associations were only found in studies with living controls Only a small number of studies have studied occasional drinking in relation to cardiovascular health Further studies that specifically examine occasional drinking are needed If the biological effects of occasional drinking towards CVD are limited then occasional drinking may indicate the magnitude of residual and unobserved confounding in the association with cardiovascular health This will in turn inform alcohol related policies such as alcohol duties and minimum alcohol pricing DOI 10 5353 th_b5320047 Subjects Cardiovascular system Diseases Drinking of alcoholic beverages Health aspects Alcohol and the Heart in Perspective Royal College of Physicians of London,1995 Drinking alcohol within sensible limits does not create significant cardiovascular risks it even seems to offer some protection against coronary heart disease in middle aged men en

Endothelium and Cardiovascular Diseases Protasio L. Da Luz,Peter Libby,Francisco Rafael Martins Laurindo,Antonio Carlos Palandri Chagas,2018-02-03 Endothelium and Cardiovascular Diseases Vascular Biology and Clinical Syndromes provides an in depth examination of the role of endothelium and endothelial dysfunction in normal vascular function and in a broad spectrum of clinical syndromes from atherosclerosis to cognitive disturbances and eclampsia The endothelium is a major participant in the pathophysiology of diseases such as atherosclerosis diabetes and hypertension and these entities are responsible for the largest part of cardiovascular mortality and morbidly Over the last decade major new discoveries and concepts involving the endothelium have come to light This important reference collects this data in an easy to reference resource Written by known experts and covering all aspects of endothelial function in health and disease this reference represents an assembly of recent knowledge that is essential to both basic investigators and clinicians Provides a complete overview of endothelial function in health and diseases along with an assessment of new information Includes coverage of groundbreaking areas including the artificial LDL particle the development of a new anti erectile dysfunction agent a vaccine for atherosclerosis coronary calcification associated with red wine and the interplay of endoplasmic reticulum oxidative stress Explores the genetic features of endothelium and the interaction between basic knowledge and clinical syndromes

Nutritional and Metabolic Bases of Cardiovascular Disease Mario Mancini, Jose M. Ordovas, Gabrielle Riccardi, Paolo Rubba, Pasquale Strazzullo, 2011-07-11 Extraordinary advances in the understanding of the links between nutrition metabolism and cardiovascular disease have prompted a systematic reappraisal of knowledge in the field As a result it is now imperative that clinicians who care for patients with CVD or its key risk factors have a solid understanding of the often

complex interrelationships between cardiovascular health and chronic diseases such as diabetes and obesity Written by a team of international thought leaders in cardiology endocrinology diabetology and nutritional science this important new book Examines and updates the role of obesity hyperlipidemia diabetes hypertension thrombosis and aging in atherogenesis Describes in detail the scientific and clinical evidence of the etiopathogenesis of ischemic heart disease as well as of peripheral and cerebrovascular disease Focuses on the 6 topics that will be of greatest interest to readers 1 general nutrition 2 metabolic syndrome and diabetes 3 hyperlipidemia and atherosclerosis 4 hypertension and cerebrovascular disease 5 hemostasis and thrombosis 6 aging Throughout the book in clear and accessible text contributors illuminate the close relationship between dietary habits the metabolic processes of nutrients and their impact on the cardiovascular system always with an eye on how the physician can use this information to implement better cardiovascular prevention and improve patient care Nutritional and Metabolic Bases of Cardiovascular Disease is ideal for those who need to update their knowledge of the links between nutrition metabolism and CVD from trainees clinicians and clinical investigators in cardiovascular medicine to endocrinologists diabetologists and nutritionists Nutrition Lori A. Smolin, Mary B. Grosvenor, Debbie Gurfinkel, 2020-06-23 Nutrition Science and Applications 3rd Canadian Edition provides students with a strong foundational knowledge of human nutrition covering all essential nutrients their functions in the body and their sources and dietary components Presenting an innovative critical thinking approach to the subject this leading textbook goes beyond the basics to explore underlying nutrition processes while discussing the latest research debates and controversies related to nutrition and health The text offers an accessible visually rich presentation of topics designed to be highly relevant and relatable to Canadian readers The ideal text for college level nutrition courses this new edition features extensively revised and updated content throughout aligning with the latest nutrition research recommendations guidelines and Canadian government regulations The authors real world approach enables students to apply concepts of nutrition science in their own lives as consumers and in their future careers as scientists and health professionals Balanced coverage of fundamental nutrition topics integrates with comprehensive discussion of nutrient metabolism health and disease relationships dietary patterns Canadian and global nutrition issues and much more Special Report to the U.S. Congress on Alcohol and Health from the Secretary of Health and Human Services, Moderate Alcohol Consumption and Health Kathleen Meister, 1999

Neurological Aspects of Substance Abuse John Calvin M. Brust, 2004 The 2nd Edition of this comprehensive text features practical guidance on how to diagnose and manage the neurological effects and complications of every major category of recreationally used drugs Book jacket

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