

Mental Health Exam 2 Study Guide

1. Major Depressive Disorder (MDD) CH. 14

Medications:

SSRI's: -TINE, -LINE, -PRAM. Improves mood. 1st line of therapy, rare risk of serotonin syndrome (2-72 hrs after meds).

-Adverse Effects: N/V/D, HA, diaphoresis, tremor, drowsiness, sexual dysfunction, weight gain, fatigue.

-Contraindications: Alcohol, anticoagulant, NSAID, MAOIs, Bipolar (risk for mania), hx of GI bleed/ulcers.

-Interventions: 2-4 weeks for full effect, do not withdraw suddenly, monitor suicide impulses.

SNRI's: Inhibit reuptake of serotonin and norepinephrine. Do not stop abruptly.

-Adverse Effects: HA, sleep disturbances, nausea, hyponatremia, anorexia, HTN, sexual dysfunction, dry mouth, anxiety, agitation

-Contraindications: Pregnancy, MAOIs, St. John's Wort, opiates, hepatic disease, alcohol, antihistamines, sedatives, NSAIDs, anticoagulants

Tricyclic: -trip, -pramine.

Anticholinergic effects (drying). For Fibromyalgia, neuropathic pain, insomnia, bipolar, anxiety.

-Side effects: Orthostatic hypotension, dry mouth, blurred vision, urinary retention, constipation, tachycardia, seizures, photophobia.

-Interactions: MAOIs, antihistamine, alcohol, benzodiazepines, opioids.

MAOIs (Monoamine oxidase inhibitors): Blocks destruction of serotonin,

norepinephrine, epinephrine. 1st line for atypical and Bulimia Nervosa

-Side effects: Anxiety, edema, insomnia, hypomania, agitation, orthostatic hypotension

-Contraindications: cerebrovascular accident, congestive heart failure, hypertension, liver disease. TYRAMINE

Interventions/Education:

Depression/suicidal screening tool, Antidepressants. Assisting with ADLs, spend time with client.

reevaluate/monitor. Encourage patient to participate in activities. ECT, TMS, vagus nerve stimulation, light therapy.

Risk Factors: Female, adverse childhood experience, stressful life events, first-degree family members with MDD, Neuroticism (negative personality trait characterized by fear/anxiety/jealousy), substance abuse, personality disorder, chronic/disabling medical conditions.

Manifestations: 5 or more in 2 week period = Depressed mood, loss of interest (anhedonia), weight loss/gain, insomnia/hypersomnia, lethargy, feeling worthless, recurrent thoughts of death, psychomotor agitation/inability to think or decide.

Persistent: 2 weeks—6months

Chronic: Lasting more than 2 yrs

2. Suicide CH.25

Risk Factor: Psychiatric disorders, alcohol/substance abuse, male gender, increasing age, race (85-95% Caucasian), religion, single, profession, physical health, sexuality, military personnel, isolation/loss, previous attempts/family history.

*Major diagnoses at risk: MDD, newly diagnosed schizophrenia

Risk Levels: someone that has the means as well as a plan is a higher risk.

Important Assessments:

*Suicide Assessment Five-Step Evaluation and Triage (SAFE-T)

Pholbothomist Training Study Guide

Pamela Primrose



Phlebotomist Training Study Guide:

Phlebotomy Exam Review Ruth E. McCall, Cathee M. Tankersley, 2004 This exam review now in its Second Edition prepares students for the major national certification exams in phlebotomy including ASCP NCA ASPT NPA and AMT In a comprehensive outline format it includes content review and contains over 800 multiple choice questions with answers and rationale Also includes sample exams to encourage a comfort level in the test taking environment A CD ROM with additional 150 sample test questions accompanies this helpful review manual [Complete Phlebotomy Exam Review - E-Book](#) Pamela Primrose, 2015-02-25 Prepare for phlebotomy certification and licensure exam success with Complete Phlebotomy Exam Review 2nd Edition This comprehensive review book has 1 500 questions A new pretest provides an assessment of strengths and weaknesses and a mock certification exam at the end of the book tests your knowledge of necessary information Organized into chapters that correlate with the trusted textbook by Warekois and Robinson each chapter includes a content review followed by multiple choice questions each with an answer a rationale and a page number reference to information in the companion textbook An Evolve website offers even more opportunity to practice with all the questions in the book plus 500 extra and the ability to sort by category or test in study or exam modes 100 question mock certification exam at the end of the book allows you to test your comprehension of the material and identify areas of strength and weakness to target study Answers rationales and page number references to the trusted companion text by Warekois and Robinson help you understand why your selected answer was right or wrong and strengthen your knowledge of key exam content areas The Evolve site provides you with myriad opportunities for practice With all the text questions plus an additional 500 you can take tests in exam or study mode and sort questions by category or chapter to tailor practice to your individual needs Organized by chapters each begins with a content review to break the subject of phlebotomy into manageable areas Multiple choice questions with answers and rationales in each chapter test your comprehension of the material NEW 1 500 questions provide you with even more opportunities for testing yourself and reinforcing the content NEW 100 question pretest at the beginning of the book lets you assess where you stand from the start so you can target your study accordingly NEW Photos and line drawings throughout the book illustrate what is being discussed and help you learn more about the equipment you will encounter on the job **Review Questions for Phlebotomy** S.A. Taylor, 2000-08-15 This is a large format review text with approximately 400 questions and full paragraph answers for the American Society of Clinical Pathologists Phlebotomy Technician Examination The book is in nine sections covering phlebotomy techniques equipment specimen processing and handling laboratory operations and the basic anatomy and physiology required for the Phlebotomy Technician examination Each section opens with a topical review followed by the questions and answers for that section **Phlebotomy - E-Book** Robin S. Warekois, Richard Robinson, 2015-02-19 With an illustrated storyboard format for procedures Phlebotomy Worktext and Procedures Manual 4th Edition describes all aspects of phlebotomy with current coverage of equipment safety

procedures arterial blood gases point of care testing and practical phlebotomy skills Procedures cover core functions and are outlined with step by step instructions and new full color photos Clinical scenarios practice tips and new Avoid That Error features keep the focus on application and practice Written by phlebotomy expert Robin Warekois this practical worktext also includes competency checklists a mock certification exam a detachable bookmark that can serve as a tube guide and a new video collection on the Evolve companion website A detailed storyboard format outlines common procedures with steps accompanied by new full color photos Study and certification exam preparation questions in each chapter help you review and remember the material A mock certification exam in the appendix mirrors the format of the actual phlebotomy certification exam allowing you to review for the exam with 150 multiple choice questions Competency Checklists at the end of the book summarize the most critical and important steps in phlebotomy procedures Clinical scenarios and tips encourage you apply your knowledge to real life challenges in the workplace Student resources on an Evolve companion website include a pre test animations a new procedural video collection interactive exercises a mock certification exam and an audio glossary An anatomy and physiology section offers illustrated in depth information on body systems A perforated bookmark on the back cover serves as a quick portable reminder of which stopper tops to use for various diagnostic tests Flashbacks and Flashforwards provide a cross reference to related information in previous or upcoming chapters NEW video collection on the Evolve companion website demonstrates how critical procedures are performed NEW photos have been added in addition to new content on professionalism and HIPAA equipment and technology NEW Avoid That Error scenarios help you develop critical thinking skills and provide helpful tips on resolving problematic situations

Phlebotomy Exam Review, Enhanced Edition Ruth E. McCall, 2020-06-19 Phlebotomy Exam Review Enhanced Seventh Edition thoroughly prepares students for any of the national certification exams in phlebotomy

Procedures in Phlebotomy - E-Book John C. Flynn, 2023-08-12 Featuring concise easy to read coverage Procedures in Phlebotomy 5th Edition provides clear guidelines for performing both basic and special phlebotomy techniques It describes proper procedures for venipuncture special collection procedures and pediatric and geriatric considerations and addresses essential topics such as infection control OSHA guidelines and anatomy and physiology It also discusses professional issues such as interpersonal communication department management total quality and medical legal topics This edition includes enhanced infection control and prevention protocols updated healthcare law coverage expanded review questions and an updated practice test to prepare you for classroom and certification success Step by step illustrated procedures clearly outline essential phlebotomy competencies and techniques Essentials approach focuses on the need to know basics required to practice phlebotomy Case scenarios woven throughout the chapters help you continually apply content to practice Review questions in each chapter test your ability to recall information and apply critical thinking skills answers and rationales are included in the appendices Mock certification exam with 150 multiple choice questions and answers provides valuable practice for the credentialing test

Safety Summary focuses on key points to ensure safe practice Competency checklists facilitate peer instructor and self evaluation on clinical procedures progress Key terms are listed at the beginning of each chapter highlighted in the text and defined in a back of book glossary NEW Protocols for enhanced infection control and prevention address COVID 19 and other emerging pathogens UPDATED Healthcare law coverage includes up to date content on the latest clinical guidelines EXPANDED and REVISED Review questions and a practice test help prepare you for classroom and certification success NEW COVID 19 content included throughout where relevant

Study Guide for Today's Medical Assistant - E-Book
 Kathy Bonewit-West, Julie Pepper, 2025-02-03 Get the most out of your Today's Medical Assistant Clinical and Administrative Procedures textbook with this practical study guide With chapters corresponding to those in the textbook this review provides the extra practice you need to master the clinical and administrative procedures performed by medical assistants Each chapter includes a wide range of exercises performance checklists and a guide to the amount of practice you need to attain competency Written by the textbook's author this review tool provides everything you need to master all of today's important medical assisting skills NEW Content alignment to 2022 CAAHEP Medical Assisting educational competencies helps you review and perform today's tasks at a level of accuracy and speed required of the entry level practitioner NEW review content includes exercises on telemedicine vaccinations COVID 19 protocols Cologuard eating disorders managing reimbursements and professionalism NEW coverage of gloving and masking procedures helps to protect against COVID 19 and other infectious diseases Variety of practice exercises includes matching true false key terms word parts short answer questions crossword puzzles critical thinking exercises and more Chapter pretests and posttests help you to measure your mastery of the content Laboratory assignment sheets call out each chapter's procedures and include performance checklists to help organize your study time Practice for Competency sections include worksheets with a guide to performing each clinical skill Critical thinking activities help you develop the judgment needed for real life medical office situations Perforated pages allow on the go review and make it easy to submit assignments

The Phlebotomy Textbook Susan King Strasinger, Marjorie Schaub Di Lorenzo, 2019-02-25 Rely on this comprehensive resource to master the techniques you need to safely obtain quality specimens You'll understand all the hows and whys that lead to success in this rapidly changing field Inside you'll find the up to date coverage of routine procedures and their complications as well specialized procedures quality and infection control state of the art equipment medical terminology ethical and legal issues body systems and related diagnostic laboratory tests

Phlebotomy Best Practices: A Case Study Design Carol Itatani, 2020-11-30 Enhance your students learning in phlebotomy Navigate eBook for Phlebotomy Best Practices A Case Study Design is suitable for use with any phlebotomy text this new workbook includes 40 case studies to help apply concepts methods and techniques and information to actual situations

HOW TO BECOME A PHLEBOTOMIST IN CALIFORNIA Jonathan I. Angulo, 2023-06-23 How to Become a Phlebotomist in California is an aspiring phlebotomist's essential guide to your exciting new allied health

career path in the medical field It provides everything you need to navigate the journey of becoming a phlebotomist including selecting a school for your phlebotomy training taking the phlebotomy exam getting your phlebotomist license and more If you want a professional career as a phlebotomist in California in the allied healthcare industry a career in phlebotomy is an ideal place to start

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