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Nina Hartleys Guide To Total Sex

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Nina Hartleys Guide To Total Sex:

Nina Hartley's Guide to Total Sex Nina Hartley, Ira S. Levine, 2006 Nina Hartley's Guide to Total Sex Nina Hartley, 2006-10-19 Legendary porn star Nina Hartley's guide to thrilling liberating mind blowing soul fulfilling and intimacy building sex Witty smart and frankly provocative Nina Hartley knows sex As a sex performer sexual adventurer and sex educator she s done the fieldwork and has taken extensive notes Now she s ready to share her research Let s just say that she s had all the sex the good the bad and the indifferent so you won t necessarily have to Nina Hartley's Guide to Total Sex is for sexual pioneers and enthusiastic novices Unabashedly erotic the book covers a lot of territory allowing readers to sample the whole smorgasbord or just nibble at what they see as the choicest bits To start things off Nina includes explicitly detailed chapters on foreplay oral sex masturbation toys and games Sexual adventurers and voyeurs will find chapters on swinging three ways anal sex erotic domination sensual submission and much more Nina is a strong advocate of safe sex physically and emotionally and she helps readers establish personal ground rules But as a sexual liberationist and a feminist her core belief is that between consenting adults all sexual behaviors are a matter of personal choice Whether you re trying to reignite the passion with a longtime spouse or explore new terrain with a new lover Nina offers a variety of ideas to achieve exhilarating deeply satisfying intimate and profoundly liberating sex Girl Sex 101 Allison Moon, 2015-04-07 Girl Sex 101 is the best sex guide in years DIVA Magazine Girl Sex 101 is a sex ed book like no other offering helpful info for ladies and lady lovers of all genders and identities playful and informative illustrations on each page and over 100 distinct voices plus a hot narrative that shows you how to put the info to good use Learn how to navigate the twists and turns of female sexuality with special guidance from thirteen guest sex educators including Nina Hartley Sex Nerd Sandra Jiz Lee Tristan Taormino Julia Serano Reid Mihalko and more Girl Sex 101 will teach you The bits and pieces that make up female sexual anatomy Simple ways to communicate in the heat of the moment How to build a Road Map of your partner s pleasure Essential moves for cunnilingus strap ons hand sex and more Positions to avoid fatigue and generate the power you need to rock your girl s world You ll gain confidence to please your girl no matter what your hands on experience Buckle your seat belt and get ready to ride Smutty Little Movies Peter Alilunas, 2016-08-23 Prologue Naked ladies and ice cream bars Introduction Smaller than life adult video pleasure and control Panorams motels and pirates the origins of adult video Adult video news selling xxx without the sex The means of production vivid video and femme productions Solidifying shame community standards regulation and adult video Epilogue one last thing limousines and legacies The Truth about Sex, a Sex Primer for the 21st Century Volume II Gloria G. Brame, 2013-06 Readers say Dr Gloria Brame has changed their lives Find out why in SEX FOR GROWN UPS The ultimate sex positive adult primer SEX FOR GROWN UPS takes a delightfully original and upbeat approach to sex based on three simple rules that human sexual behavior is complicated that sex and gender diversity are normal and that all adults can have pleasurable sex In a radical departure from institutionalized

theories about what sex should be Brame explains the facts about what sex actually is and shows you how to use this information to improve your sex life and relationships Drawing on sex history scientific data sex studies medical studies and stories from her private practice SEX FOR GROWN UPS gives you sex education you never knew you needed and will always be grateful you received About the Author GLORIA G BRAME Ph D in Human Sexuality is an author blogger sex historian board certified sexologist and sex therapist in private practice Brame is the world's leading authority on fetishes and BDSM and is a much quoted expert on mainstream sexual issues including performance disorders and orgasmic function In addition to The Truth About Sex Volume I Sex and the Self and Volume II Sex for Grown Ups she is the author of perennial bestsellers Different Loving The World of Sexual Dominance and Submission and Come Hither A Commonsense Guide to Kinky Sex A full professor of Human Sexuality at the Institute for Advanced Study of Human Sexuality Brame also sits on the board of the Woodhull Sexual Freedom Alliance Most recently Brame was named among the 10 Best Sex and Dating Experts by DatingAdvice com Google Gloria Brame or follow DrGloriaBrame on Twitter Coming Out Like a Porn Star Jiz Lee, 2024-10-08 For porn stars coming out is a process that never ends To the uninitiated the idea of a career in the adult film industry may come with stigma that porn performers and sex workers have long fought to shake off For many that fight begins with one awkward conversation When Coming Out Like a Porn Star was first published in 2015 it garnered cult status as an anthology of candidly intimate essays by diverse adult industry professionals and icons relating the pain pride and surprises that accompanied their experiences coming out about their work This updated edition includes new essays that explore issues transforming the modern porn field deepfakes AI and OnlyFans the inequity and fetishization faced by Black Muslim gueer disabled and other marginalized performers and the everyday ever evolving legal injustices compromising sex workers rights to live earn and bank Edited by veteran industry professional Jiz Lee and featuring a new foreword by Samantha Cole the second edition of Coming Out Like a Porn Star continues to celebrate the rich and varied voices of the adult industry offering a panoramic view of the world of sex work that has been described in recent years by Melissa Febos Margo Steines Charlotte Shane and Michelle Tea Contributors include Joanna Angel Siri Dahl Sinnamon Love Andre Shakti Nikki Silver Jessica Stoya Kitty Stryker Bella Vendetta Denali Winter and more Making Peace with Porn Allison Vivas, 2013-03-15 One conservative estimate says that 100 million people mostly men look at porn online every day Yet for many women the topic of pornography sparks deep feelings of discomfort and insecurity which can lead to worries or fights about porn s place in long term relationships Porn is often seen as a shameful secret but imagine if you could discuss it with your partner as openly as you discuss the rest of your relationship Making Peace with Porn author Allison Vivas is a wife and mother and also happens to run a pornography production company In a relatable good humored tone she incorporates personal stories clinical statistics and the history of adult entertainment to explain why porn might not be such a bad thing after all If you feel uncomfortable with this topic or just want to know more Making Peace with Porn is a great place to start

a positive discussion Most books about pornography are negative and fear based but this book takes a brave dare we say full frontal look at why pornography is a regular part of many men's lives and it will help you find a way to accept that part of the The Monster Under the Bed JoEllen Notte, 2020-03-27 Almost everyone has had some interaction with depression Whether it s you a family member a friend or a partner who is affected depression has the potential to touch us all Even so many of us don't know how to handle depression becoming part of our love life and it can quickly become the monster under the bed From you have to love yourself first to don't stick it in the crazy to dead silence popular responses to the topic leave much to be desired But you re not alone and you can have successful relationships and satisfying sex with depression JoEllen Notte will help you understand how sexual function is affected by depression and what keeps us from effectively addressing it Heavily informed by the author's research including surveys of over 1 000 people and interviews with close to 200 this is the first book of its kind With practical tips and real life examples this is both a guidebook for people with depression and the people who love them as well as a reference tool for mental health professionals Another Happy Hooker Speaks Out Book One, The Sexualized Body and the Medical Authority of Pornography Heather Brunskell-Evans, 2017-01-06 This edited collection examines pornography as a material practice that eroticises gender inequality and sexual violence towards women It addresses the complex relationship between pornography and medicine in particular sexology and psycho therapy whereby medicine has historically and currently afforded pornography considerable legitimacy and even authority Pornography naturalises women s submission and men s dominance as if gendered power is rooted in biology not politics In contrast to the populist view that medicine is objective and rational the contributors here demonstrate that medicine has been complicit with the construction of gender difference and in that construction the relationship with pornography is not incidental but fundamental A range of theoretical approaches critically engages with this topic in the light firstly of radical feminist ideas about patriarchy and the politics of gender and secondly of the rapidly changing conditions of global capitalism and digital technologies In its broad approach the book also engages with the ideas of Michel Foucault particularly his refutation of the liberal hypothesis that sexuality is a deep biological and psychological human property which is repressed by traditional patriarchal discourses and which can be freed from authoritarianism for example by producing and consuming pornography In taking pornography as a cultural and social phenomenon the concepts brought to bear by the contributors critically scrutinise not only pornography and medicine but also current media scholarship The 21st century has witnessed a growth in neo liberal academic literature which is pro pornography This book provides a critical counterpoint to this current academic trend and demonstrates its lack of engagement with the politics of the multi billion dollar pornography industry which creates the desire for the product it sells the individualism of its arguments which analyse pornography as personal fantasy and the paucity of theoretical analysis In contrast this book re opens the feminist debate about pornography for a new generation of critical thinkers in the 21st century Pornography

matters politically and ethically It matters in the real world as well as in fantasy it matters to performers as well as to consumers it matters to adults as well as to children and it matters to men as well as to women

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