



Dear student athletes and families,

Welcome to the 2013 season of Cougar Volleyball! We are excited to get started and looking forward to a successful season. This letter is to review some important information, policies, and expectations for the Desert Sky Middle School Volleyball program.

Desert sky is a no-cut school, so that means everyone who wants to play, gets to play! It is okay if your daughter does not know how to play volleyball; now is her opportunity to learn. We are here to teach the sport and our teams will vary in skill level so that we can tailor the instruction given to each particular team. The number of teams we have will depend on the number of girls who decide to participate. Last year, for example, we had an **A-team**, two **B-teams**, and two **C-teams**.

The season will run from **July 30<sup>th</sup> to September 21<sup>st</sup>** and will consist of approximately 8 games. We will play against 4 other Vail Middle Schools (Rincon Vista, Corona Foothills, Old Vail, and Vail Academy). The **A-team** will play in a final league tournament on Saturday, September 21<sup>st</sup> at Old Vail Middle School. It is important to know that volleyball is taken seriously at Desert Sky and requires a real dedication and commitment.

#### **ELIGIBILITY:**

In order to participate in volleyball, all girls must:

- Have a current physical on file with the front office by **Tuesday, the 30<sup>th</sup>**
- Maintain at least a C grade point average and no F's in any class
- Receive all "meets" and "exceeds" on the citizenship rubric in all classes
- Pay a nonrefundable \$75 activity fee
- Sign and return a student code of conduct letter \*
- Have her parent(s)/guardian(s) sign and return a parent code of conduct letter \*
- Have her parent(s)/guardian(s) fill out and return an emergency contact form\*
- Read, sign, and have a parent sign and return this letter

#### **TRYOUTS:**

On **Tuesday, July 30<sup>th</sup>**, we will begin tryouts from **3:15 pm until 6:00 pm** in the Desert Sky gym. The plan for tryouts is to have any student with her last name beginning with the letter **A-H** to show up on **Tuesday, the 30<sup>th</sup>**. Girls with their last name beginning with letters **I-Z** will come on **Wednesday, the 31<sup>st</sup>**. *Each of the \* items above should be brought to the student's first day of tryouts. A student who does not have her paperwork or is missing a current physical on file will not be allowed to tryout.* Thursday will be the first round of callbacks and Friday will be reserved for the second round of callbacks. Because we may need to further evaluate some girls, at the end of each day we will notify the girls that need to return on Thursday and again on Friday. We will post the final team rosters and which teams have practice, outside the gym doors before school starts on Monday morning, **August 5<sup>th</sup>**. All girls should bring practice clothes to school on Monday, as that will be the first official day of practice.

#### **PRACTICE:**

**A-team** will practice every day, with a few exceptions, from **4:30 – 6:00 pm**. The **B-** and **C-teams** will practice from **3:15 – 4:30 pm**. If we have more than one **B-** and **C-team**, they will alternate practices and games. *Practice schedules are subject to change as our coaching staff is being assembled.* It is important that athletes are dressed out in volleyball-appropriate gear and ready to begin on time. Athletic shorts, shoes, a t-shirt, and kneepads are highly recommended.

# Middleschool Volleyball Parent Letter

**Sebastian Brünink**

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the name Sebastian Brünink.

## **Middleschool Volleyball Parent Letter:**

**The Athletic Recruiting & Scholarship Guide for High School Athletes & Parents** Wayne Mazzoni, 2003 This book shows athletes how to get the best out of the recruiting process conduct it like a job search wherein the student athlete is marketed to college coaches You must target the right schools and then market yourself in the right way Once a coach becomes interested many other issues must be settled NCAA Clearinghouse recruiting rules scholarship issues etc This book helps high school athletes understand the recruiting rules and increase their chances of getting into the college of their dreams

**Survive and Thrive as a Physical Educator** Alisa R. James, 2012-08-24 Stay energized and organized throughout your school year Survive and Thrive as a Physical Educator Strategies for the First Year and Beyond will help you face the unique challenges of teaching and support your development as a physical educator Practical and reader friendly Survive and Thrive as a Physical Educator is filled with the most current information plus examples based on the author's experiences as both a K 12 teacher and a college instructor who prepares future teachers You'll also find a wealth of information on handling day to day issues such as adapting to the work environment understanding the school culture communicating with parents and behavior management In addition sample letters and forms included in the book such as a typical letter to parents unit plan and PE contract offer models to use in creating your own Two appendixes provide quick access to suggested teacher resources and FAQs such as how to prepare for a substitute teacher and concerns about the tenure process Survive and Thrive as a Physical Educator offers strategies to help you get your gymnasium your equipment and yourself organized to begin the school year prepare your lessons and unit plans and deliver effective instruction for all students evaluate students progress establish rules and routines to promote good behavior and appropriate consequences for misbehavior employ a range of motivational techniques to encourage participation in your class develop positive relationships and effective communication with parents and guardians understand and navigate your workplace culture and avoid burnout and find opportunities for professional growth This practical guide will help you sharpen your teaching skills enjoy your work with students and meet the challenges of teaching whether it is your first year on the job or one of many in your physical education career

Sports Talent Jim Brown, 2001 Future of Sports Talent Dynamic Physical Education for Secondary School Students Timothy A. Brusseau, Heather Erwin, Paul W. Darst, Robert P. Pangrazi, 2024-02-23 DPE emphasizes the skill development activity promotion and physical fitness behaviors that are the foundation of physical education DPE advocates instructional practices designed to create a learning environment where students are free to experiment learn and experience physical activity in a positive climate DPE goes beyond physical education classes by promoting physical activity throughout the school day and beyond

*Learning to Teach Physical Education in the Secondary School* Susan Capel, Joanne Cliffe, Julia Lawrence, 2020-10-05 This fully updated fifth edition of Learning to Teach Physical Education in the Secondary School is a comprehensive yet accessible guide for all student secondary physical education teachers Practical

and insightful advice is combined with theory and research to support you in developing as a student teacher This core text is an ideal guide to support you in developing your knowledge for teaching your basic teaching skills and your ability to reflect critically on what you are doing and why enabling you to cope in a range of teaching situations Including updated material to cover changes in policy and practice curriculum and assessments the fifth edition of this essential textbook focuses on Starting and developing your teaching journey Planning teaching and evaluating physical education lessons for effective pupil learning Looking beyond your teacher education New chapters include Essential knowledge bases for teaching physical education Guidance on using digital technologies Health in the physical education lesson Written with university and school based initial teacher education in mind Learning to Teach Physical Education in the Secondary School is an essential source of support and guidance for all student physical education teachers embarking on the challenging journey of developing as an effective teacher

Resources in Education ,1991      *194 High-Impact Letters for Busy Principals* Marilyn L. Grady,2006-07-21 This expanded collection of letters is truly a time saving starter kit providing busy principals with easy to personalize templates on a PC and Mac compatible CD ROM to revitalize your communications repertoire      **Celebrate Life!** Sharon Murphy,1994-06 A compilation of ideas and comments from parents school personnel community members and graduates of high school who have planned and implemented All Night Alcohol Drug Free Prom and Graduation Celebrations Presents samples of projects undertaken by high school communities in their efforts to provide safe fun filled party environments that appeal to students Illustrated      From the Sidelines to the Headlines Betsy Gerhardt Pasley,2023-03-07 In spring 2014 Peggy Kokernot Kaplan a former Trinity University athlete and cofounder of the women s track team emailed her alma mater s athletic department asking the school to post statistics from the team s 1975 season It s no surprise that they couldn t fulfill her request for Trinity had sparse records from the 1970s not just for track and field but for most performances by female athletes before 1991 when the school joined a NCAA Division III conference What started as a humble email request nearly a decade ago has culminated in *From the Sidelines to the Headlines The Legacy of Women s Sports at Trinity University* an expansive book aimed at filling in the gaps in coverage of half a century of women s intercollegiate sports Former Trinity athlete Betsy Gerhardt Pasley and historian Doug Brackenridge along with other members of the Trinity community have collected hundreds of long forgotten documents and conducted dozens of interviews with former students coaches and administrators to tell the fascinating multifaceted story of women s sports at this liberal arts school in San Antonio Texas While the book focuses primarily on the post Title IX years between 1972 and 1999 its scope extends to Trinity s founding in 1869 illuminating the century long evolution of women in competitive sports at Trinity and elsewhere before Title IX The story told alongside the cultural shifts that formed the social and athletic context for female athletes of the day also documents the decision Trinity and other institutions of higher learning faced after Title IX Should they adhere to a commercial model in which a focus on athletics often overshadowed academics or strive for a more balanced

student athlete nonscholarship model Trinity chose the latter and has decades of national championships and academic accolades to show for it      *Congressional Record* United States. Congress,2004 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873

## **Middleschool Volleyball Parent Letter** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Middleschool Volleyball Parent Letter**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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### **Middleschool Volleyball Parent Letter Introduction**

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### **FAQs About Middleschool Volleyball Parent Letter Books**

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